

Mapping the Terrian Study 2019-2020

University Student Questionnaire

English

Respondent Name

Respondent ID

| | |
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| | |
|--|--|

School/University Name

School/University Type (Circle one)

| | | |
|--|-------------------------------|------------------------------|
| | <input type="radio"/> Private | <input type="radio"/> Public |
|--|-------------------------------|------------------------------|

Survey Location

| | |
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| | |
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City

District

| |
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Country

Survey date

| | | |
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| | | |
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Month

Day

Year

Name of Person Administering Survey

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Please read each question carefully. There is no right or wrong answer for these questions. Choose the answer that best represents you and your opinion. You can ask for help if something is not clear or if you are not sure how to answer a question.

Please mark your answers by filling the relevant bubbles. Example: ●

The information provided on this questionnaire will be combined with responses from other individuals for statistical purposes and reporting and will not be used or disclosed in identifiable form.

Your time and cooperation in completing this questionnaire is greatly appreciated.

Please fill one bubble for each question.

1. What is your gender?

- ① Female ② Male

2. What is your age?

- ① Less than 18 ③ 25 to 34 ⑤ 45 to 54 ⑦ 65 to 74
② 18 to 24 ④ 35 to 44 ⑥ 55 to 64 ⑧ 75 or older

3. Which degree/year are you currently enrolled in?

- ① Bachelors, Year 1 ④ Bachelors, Year 4 ⑦ Other
② Bachelors, Year 2 ⑤ Masters
③ Bachelors, Year 3 ⑥ Doctoral

4. What is your religion?

- ① Muslim ④ Buddhist ⑦ Agnostic
② Christian ⑤ Hindu ⑧ Nothing in particular
③ Jewish ⑥ Atheist ⑨ Other

5. What language do you mainly speak at home?

- ① <Country-specific language 1>
② <Country-specific language 2>
③ <Country-specific language 3>
④ Other

6. What is your ethnicity?

- ① <Country-specific ethnicity 1>
② <Country-specific ethnicity 2>
③ <Country-specific ethnicity 3>
④ Other

7.

Please indicate the likelihood that you will forgive someone in each of the following situations. (Please fill only one bubble in each row)

| | | Extremely unlikely | Unlikely | Likely | Extremely likely |
|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Q080101 | Imagine that your brother/sister borrowed your car and while he was driving it he crossed a red light and hit another car, which caused a great damage to your car, but no one was hurt. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080102 | Imagine a young man from your town who was almost engaged to one of your sisters broke up with her. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080103 | Imagine you told your sibling a secret and you wanted him/ her not to tell anyone, then you discovered that he/she had disclosed this secret to few people. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080104 | Imagine you had an argument with your cousin and he asked you to leave his or her house. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080105 | Imagine you were at a social gathering and you heard someone from your same religion curses yours. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080106 | Imagine you were at a social gathering you heard someone who is different from your religion curses yours. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080107 | Imagine that one of your next-door neighbors built a wall around his/her house, and then you came to realize that his wall was inside your land or property. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080108 | Imagine that one of your friends starts a nasty rumor about you that is not true. As a result, people begin treating you worse than they have in the past. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Q080109 | Imagine that a friend borrows your most valued possession and then loses it. The friend refuses to replace it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

8. Please select the frequency with which you engage in each of the following actions. (Please fill only one bubble in each row)

| | Never | Sometimes | Often | Always |
|----------------------------------------------------------------------------------------------|-------|-----------|-------|--------|
| Q060101 I'd rather depend on myself than others. | ① | ② | ③ | ④ |
| Q060102 I rely on myself most of the time; I rarely rely on others. | ① | ② | ③ | ④ |
| Q060103 I often do "my own thing." | ① | ② | ③ | ④ |
| Q060104 My personal identity, independent of others, is very important to me. | ① | ② | ③ | ④ |
| Q060105 It is important that I do my job better than others. | ① | ② | ③ | ④ |
| Q060107 Competition is the law of nature. | ① | ② | ③ | ④ |
| Q060108 When another person does better than I do, I get tense. | ① | ② | ③ | ④ |
| Q060109 If a peer gets a prize, I would feel proud. | ① | ② | ③ | ④ |
| Q060110 The well-being of my peers is important to me. | ① | ② | ③ | ④ |
| Q060111 To me, pleasure is spending time with others. | ① | ② | ③ | ④ |
| Q060112 I feel good when I cooperate with others. | ① | ② | ③ | ④ |
| Q060113 Parents and children must stay together as much as possible. | ① | ② | ③ | ④ |
| Q060115 Family members should stick together, no matter what sacrifices are required. | ① | ② | ③ | ④ |
| Q060116 It is important to me that I respect the decisions made by my groups. | ① | ② | ③ | ④ |
| Q090201 If something looks too complicated, I will not even bother to try it. | ① | ② | ③ | ④ |
| Q090202 I avoid trying to learn new things when they look too difficult. | ① | ② | ③ | ④ |
| Q090203 When trying to learn something new, I soon give up if I am not initially successful. | ① | ② | ③ | ④ |

| | | Never | Sometimes | Often | Always |
|---------|------------------------------------------------------------------------------|-------|-----------|-------|--------|
| Q090301 | When I make plans, I am certain I can make them work. | ① | ② | ③ | ④ |
| Q090302 | If I can't do a job the first time, I keep trying until I can. | ① | ② | ③ | ④ |
| Q090303 | When I have something unpleasant to do, I stick to it until I finish it. | ① | ② | ③ | ④ |
| Q090304 | When I decide to do something, I go right to work on it. | ① | ② | ③ | ④ |
| Q090305 | Failure just makes me try harder. | ① | ② | ③ | ④ |
| Q090401 | When I set important goals for myself, I rarely achieve them. | ① | ② | ③ | ④ |
| Q090402 | I do not seem capable of dealing with most problems that come up in my life. | ① | ② | ③ | ④ |
| Q090403 | When unexpected problems occur, I don't handle them very well. | ① | ② | ③ | ④ |
| Q090404 | I feel insecure about my ability to do things. | ① | ② | ③ | ④ |
| Q100101 | I think of possible results before I act. | ① | ② | ③ | ④ |
| Q100102 | I develop my ideas by gathering information. | ① | ② | ③ | ④ |
| Q100103 | When facing a problem, I identify options. | ① | ② | ③ | ④ |
| Q100104 | I can easily express my thoughts on a problem. | ① | ② | ③ | ④ |
| Q100105 | I am able to give reasons for my opinions. | ① | ② | ③ | ④ |
| Q100106 | It is important for me to get information to support my opinions. | ① | ② | ③ | ④ |
| Q100107 | I usually have more than one source of information before deciding. | ① | ② | ③ | ④ |
| Q100108 | I plan how to get information on a topic. | ① | ② | ③ | ④ |

| | | Never | Sometimes | Often | Always |
|---------|-----------------------------------------------------------------|-------|-----------|-------|--------|
| Q100109 | I support my decisions by the information I got. | ① | ② | ③ | ④ |
| Q100110 | I listen to the ideas of others even if I disagree with them. | ① | ② | ③ | ④ |
| Q100111 | I compare ideas when thinking about a topic. | ① | ② | ③ | ④ |
| Q100112 | I keep my mind open to different ideas when planning to decide. | ① | ② | ③ | ④ |

9. Please indicate how likely to be true each of the following statement is for you. (Please fill only one bubble in each row)

| | | Not at all true | Not true | True | Very true |
|---------|--------------------------------------------------------------------------|--------------------|----------|------|-----------|
| Q050101 | I understand my life's meaning. | ① | ② | ③ | ④ |
| Q050102 | I am looking for something that makes my life feel meaningful. | ① | ② | ③ | ④ |
| Q050103 | I am always looking to find my life's purpose. | ① | ② | ③ | ④ |
| Q050104 | My life has a clear sense of purpose. | ① | ② | ③ | ④ |
| Q050105 | I have a good sense of what makes my life meaningful. | ① | ② | ③ | ④ |
| Q050106 | I have discovered a satisfying life purpose. | ① | ② | ③ | ④ |
| Q050107 | I am always searching for something that makes my life feel significant. | ① | ② | ③ | ④ |
| Q050108 | I am seeking a purpose or mission for my life. | ① | ② | ③ | ④ |
| Q050109 | My life has no clear purpose. | ① | ② | ③ | ④ |
| Q050110 | I am searching for meaning in my life. | ① | ② | ③ | ④ |
| Q120101 | I feel like a real part of my school community. | ① | ② | ③ | ④ |

| | | Not at all | | | |
|---------|---------------------------------------------------------------------------------------------|------------|----------|------|-----------|
| | | true | Not true | True | Very true |
| Q120102 | The teachers have respect for me. | ① | ② | ③ | ④ |
| Q120103 | I am treated with as much respect as others at my school | ① | ② | ③ | ④ |
| Q120104 | It is hard for people like me to get accepted here. | ① | ② | ③ | ④ |
| Q120105 | Sometimes I feel as if I don't belong here. | ① | ② | ③ | ④ |
| Q120106 | People here notice when I'm good at something. | ① | ② | ③ | ④ |
| Q120107 | I feel very different from most other students here. | ① | ② | ③ | ④ |
| Q120108 | I feel proud of belonging to my university. | ① | ② | ③ | ④ |
| Q120109 | Other students here like me the way I am. | ① | ② | ③ | ④ |
| Q120110 | Other students in my university take my opinions seriously. | ① | ② | ③ | ④ |
| Q120111 | Most teachers at my university are interested in me. | ① | ② | ③ | ④ |
| Q120112 | There's at least one teacher or staff in this university I can talk to if I have a problem. | ① | ② | ③ | ④ |
| Q120113 | People at this university are friendly to me. | ① | ② | ③ | ④ |
| Q120114 | Teachers here are not interested in people like me. | ① | ② | ③ | ④ |
| Q120115 | I am included in lots of activities at my university. | ① | ② | ③ | ④ |
| Q120116 | I can really be myself at this university. | ① | ② | ③ | ④ |
| Q120117 | People here know I can do good work. | ① | ② | ③ | ④ |
| Q120118 | I wish I were in a different university. | ① | ② | ③ | ④ |

10. Please indicate the level of importance that you attach to each of the following statements. (Please fill only one bubble in each row)

| | | Not important | Slightly important | Important | Very important |
|---------|-----------------------------------------------------------------------|------------------|-----------------------|-----------|-------------------|
| Q130101 | How important is your religion for you? | ① | ② | ③ | ④ |
| Q130102 | How important is prayer for your religious beliefs? | ① | ② | ③ | ④ |
| Q130103 | How important is it for you to feel that God intervenes in your life? | ① | ② | ③ | ④ |
| Q130104 | How important is it for you to belong to a religious group? | ① | ② | ③ | ④ |
| Q130105 | How important is your religion in defining who you are? | ① | ② | ③ | ④ |

11. To what extent do you agree with the following statements? (Please fill only one bubble in each row)

| | | Strongly disagree | Moderately disagree | Moderately agree | Strongly agree |
|---------|------------------------------------------------------------|----------------------|------------------------|---------------------|-------------------|
| Q010101 | In my life, hope outweighs anxiety. | ① | ② | ③ | ④ |
| Q010102 | My hopes are usually fulfilled. | ① | ② | ③ | ④ |
| Q010103 | I feel hopeful. | ① | ② | ③ | ④ |
| Q010104 | Hope improves the quality of my life. | ① | ② | ③ | ④ |
| Q010105 | I am hopeful about my life. | ① | ② | ③ | ④ |
| Q010106 | Even in difficult times, I am able to remain hopeful. | ① | ② | ③ | ④ |
| Q020101 | In most ways my life is close to my ideal. | ① | ② | ③ | ④ |
| Q020102 | The conditions of my life are excellent. | ① | ② | ③ | ④ |
| Q020103 | I am satisfied with life. | ① | ② | ③ | ④ |
| Q020104 | So far, I have gotten the important things I want in life. | ① | ② | ③ | ④ |

| | | Strongly disagree | Moderately disagree | Moderately agree | Strongly agree |
|---------|----------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------|------------------|----------------|
| Q020105 | If I could live my life over, I would change almost nothing. | ① | ② | ③ | ④ |
| Q030101 | I have so much in life for which to be thankful. | ① | ② | ③ | ④ |
| Q030102 | If I had to list everything that I felt grateful for, it would be a very long list. | ① | ② | ③ | ④ |
| Q030103 | When I look at the world, I don't see much for which to be grateful. | ① | ② | ③ | ④ |
| Q030104 | I am grateful to a wide variety of people. | ① | ② | ③ | ④ |
| Q030105 | As I get older, I find myself more able to appreciate the people, events, and situations that have been part of my life history. | ① | ② | ③ | ④ |
| Q030106 | Long amounts of time can go by before I feel grateful to something or someone. | ① | ② | ③ | ④ |
| Q040101 | When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about. | ① | ② | ③ | ④ |
| Q040103 | When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about. | ① | ② | ③ | ④ |
| Q040104 | When I am feeling positive emotions, I express them. | ① | ② | ③ | ④ |
| Q040105 | When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm. | ① | ② | ③ | ④ |
| Q040107 | When I want to feel more positive emotion, I change the way I'm thinking about the situation. | ① | ② | ③ | ④ |
| Q040108 | I control my emotions by changing the way I think about the situation I'm in. | ① | ② | ③ | ④ |
| Q040109 | When I am feeling negative emotions, I express them. | ① | ② | ③ | ④ |
| Q040110 | When I want to feel less negative emotion, I change the way I'm thinking about the situation. | ① | ② | ③ | ④ |
| Q070101 | I sometimes try to understand my friends better by imagining how things look from their perspective. | ① | ② | ③ | ④ |
| Q070102 | I believe there are two sides to every question and try to look at them both. | ① | ② | ③ | ④ |

| | | Strongly disagree | Moderately disagree | Moderately agree | Strongly agree |
|---------|---------------------------------------------------------------------------------------------------------|-------------------|---------------------|------------------|----------------|
| Q070103 | When I'm upset at someone, I usually try to "put myself in his place" for a while. | ① | ② | ③ | ④ |
| Q070104 | Before criticizing somebody, I try to imagine how I would feel if I were in their place. | ① | ② | ③ | ④ |
| Q070105 | If I am sure I am right about something, I don't waste much time listening to other people's arguments. | ① | ② | ③ | ④ |
| Q070106 | I sometimes find it difficult to see things from the "other person's" point of view. | ① | ② | ③ | ④ |
| Q070107 | I try to look at everybody's side of a disagreement before I decide. | ① | ② | ③ | ④ |
| Q110101 | I set goals for myself and keep track of my progress. | ① | ② | ③ | ④ |
| Q110102 | Once I have a goal, I can usually plan how to reach it. | ① | ② | ③ | ④ |
| Q110103 | If I make a resolution to change something, I pay a lot of attention to how I'm doing. | ① | ② | ③ | ④ |
| Q110104 | I have a hard time setting goals for myself. | ① | ② | ③ | ④ |
| Q110105 | I usually keep track of my progress toward my goals. | ① | ② | ③ | ④ |
| Q110106 | I have trouble making plans to help me reach my goals. | ① | ② | ③ | ④ |
| Q110107 | I have a lot of willpower | ① | ② | ③ | ④ |
| Q110108 | I get easily distracted from my plans. | ① | ② | ③ | ④ |
| Q110110 | I have trouble making up my mind about things. | ① | ② | ③ | ④ |
| Q110111 | I put off making decisions. | ① | ② | ③ | ④ |
| Q110112 | When it comes to deciding about a change, I feel overwhelmed by the choice. | ① | ② | ③ | ④ |

| | | Strongly disagree | Moderately disagree | Moderately agree | Strongly agree |
|---------|---------------------------------------------------------------------------|----------------------|------------------------|---------------------|-------------------|
| Q110113 | Little problems or distractions throw me off course. | ① | ② | ③ | ④ |
| Q110114 | I have so many plans that it's hard for me to focus on any one of them. | ① | ② | ③ | ④ |
| Q110115 | I don't seem to learn from my mistakes. | ① | ② | ③ | ④ |
| Q110116 | I usually only have to make a mistake one time in order to learn from it. | ① | ② | ③ | ④ |
| Q110117 | I learn from my mistakes. | ① | ② | ③ | ④ |

Thank you for your participation in this survey!